

# Nutrition Facts

Serving Size 1 oz (28 g)

Servings per package 3

Amount Per Serving

**Calories** 70      **Calories from Fat** 15

% Daily Value

**Total Fat** 2g      **3%**

Saturated Fat 1g      **4%**

Trans Fats 0g      **0%**

**Cholesterol** 30mg      **10%**

**Sodium** 570mg      **24%**

**Total Carbohydrate** 4g      **1%**

Sugars 3g

**Protein** 10g      **20%**

Not a significant source of dietary fiber, Vitamin A,  
Vitamin C, Calcium and Iron

\* Percent Daily Values are based on a 2,000  
calorie diet.